

MEMORY TECHNIQUES IN THE CLASSROOM

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Course Description

We are suffering from the stress of being forgetful. And we ask our students to memorize drugs, patient names, medical conditions, etc. But rarely do we teach them how. About 99% of the population uses rote memory, a technique based on repetition. As you've probably already experienced, rote memory is NOT effective.

As learners, we benefit from mnemonics and visual help. But this is only the tip of the iceberg. There are many more techniques that are proven to help understand concepts and retain the information better. The special education methodology is called WakeUp Memory™.

This technique has existed for thousands of years, and I modified the proven tool to suit the dental profession. We will start by discovering the fascinating mechanism of the brain and memory formation. Then we will apply the WakeUp Memory™ methodology in many areas of teaching – pharmacology, medical conditions, oral pathology, etc. to demonstrate its effectiveness. Lastly, we will try some exercises to test the methodology.

Lecture Method

Different aspects of WakeUp Memory™ are introduced with specific examples. The system will then be used to recall the content of the lecture.

Upon completion, the participants will:

1. Discover the mechanism of the brain and memory
2. Understand the power of using memory techniques
3. Learn to apply WakeUp Memory™ system to different subjects in dentistry
4. Design curriculum and assignments to maximize information retention
5. Help learners discover their brain power

I can't wait to hear more.