

The Secret to Memorizing Your Speech

Your brain is powerful and can store anything you want; you just need to learn how.

You are busy, and don't have time to rehearse.
You are nervous about forgetting your lines on stage.
You rely on your slides to remember.
Is that you?

Most speakers rely on **repetition** to memorise their speech. The truth is, simple repetition does NOT work. It is painful, time consuming, and inefficient. What if there was a way to remember your speech 3X times **faster**, and more **accurately**?

Claire Jeong is a **memory champion** and has been teaching memory techniques for over a decade. She modernized the methods our ancestors used to remember their speech before the invention of books or electronics. This is called the **WakeUpMemory™ system**.

In this course, you will learn how to you can **remember 100% of your speech!** You will (maybe for the first time in life) understand the neuroscience of memory. And most importantly, you will get practical tools to become a master at presentation. You will see immediate results, as our previous trainees have.

Objectives:

- Create imaginative landmarks to recall every part of your speech.
- Remember the sequence of a speech using a **memory palace** (famous for being on Sherlock Holmes).
- Use cues in the presentation room or your own body to store your speech.
- Use all senses to enhance memory.
- Learn the advanced method of fast-forwarding and rewinding your speech.
- Understand the science of how our brain remembers and forgets.
- Draw your presentation instead of writing, using the grid method.

Format: On-demand, virtual live

Length: 3 hours

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FSI student discount: \$90 off (Use code: **Wakeupmemory**)